



DEPARTMENT OF THE AIR FORCE
AIR UNIVERSITY (AETC)

13 Nov 2014

MEMORANDUM FOR RECORD

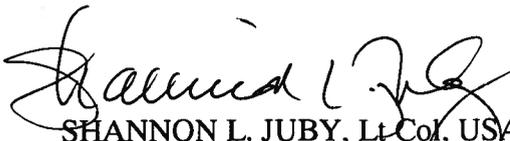
FROM: 23 TRS

SUBJECT: Policy on Breastfeeding Accommodations in Officer Training

1. Commissioned officers currently breastfeeding while attending officer training at Officer Training School (OTS) will be afforded a reasonable opportunity to express their breastmilk throughout the day. IAW AFI 44-102 paragraph 4.16.1, "... The AFMS recommends that supervisors of AF members who are breastfeeding work with the member to arrange their work schedules to allow 15-30 minutes every 3-4 hours to pump breast milk in a room or an area that provides adequate privacy and cleanliness. Restrooms should not be considered an appropriate location for pumping. The AF member must supply the equipment needed to pump and store the breast milk".

- (a) A private room to express the breast milk: Acceptable options while at officer training include a vacant flight room, office, or other clean, sterile, secure, and specially designated room.
- (b) Lights On/Out Accommodation: Breastfeeding trainees will be allowed a 30 minute window of time before and after lights on/off to pump breastmilk.
- (c) Appropriate storage accommodations/options are to be reasonably afforded to the lactating trainee: During all hours, lactating trainees will be allowed to have with them a portable cooling device and breast pump which will be carried around in a black bag. Several refrigerators are also available on the OTS campus to store milk. Since there are not accommodations at Maxwell AFB for transporting with dry ice, the trainee is responsible for the milk at all times, to include shipping as required.

2. Every breastfeeding situation will be handled on a case by case basis. This policy serves to communicate the regulatory guidance and need for the student to work with their flight commander to ensure appropriate accommodations are made. Prior to arriving, the breastfeeding trainee needs to contact the 23d TRS student registrar at DSN 493-0347 or commercial 334-953-0347 to begin coordination.


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