

Optional Cold Weather Items for October – March Classes

Taken from AFI 36-2903, *Dress and Personal Appearance of Air Force Personnel*, 30 March 2016.

Physical Training Items:

- Undershirts: Short-sleeved PTU/IPTU shirt. The short-sleeve shirt will be tucked into shorts or running pants at all times. Do not remove or cut sleeves. Short and long-sleeved white or light gray form fitting undershirts, (i.e. spandex, lycra or elastic material) may be worn and visible under the short-sleeved PTU/IPTU shirt. Undershirt must be tucked in.
- Form Fitting Sportswear: Short, mid and full length solid black or dark blue form fitting sportswear (i.e. spandex, lycra or elastic) may be worn and visible under both the PTU/IPTU and optional IPTU running shorts.
- Watch Cap. If worn, will be plain, solid black, dark blue, or sage green without logos (bandanas and other similar head-scarves/headgear are not authorized unless due to medical waiver conditions).
- Gloves. Gloves will be black or dark blue leather, knitted, tricot or suede, or a combination of leather, knitted, tricot, and suede and without logos.
- Scarf. The scarf will be black or dark blue, all wool or cotton simplex, with or without napped surface, and less than 10 inches in width.
- Earmuffs. Earmuffs will be solid, black or dark blue, made of any material and may wrap around either the top or rear of the head.
- Green or black fleece is not authorized to be worn with the PTU/IPTU.

ABU/Service Items:

- Cold Weather Accessories. Cold weather accessories will only be worn when wearing authorized outer garments (Exception: gloves worn solely with ABUs). With the 78 AFI 36-2903 18 JULY 2011 exception of functional items, cold weather accessories are only worn while outdoors. For wear and description see applicable paragraph 6.3
- Optional Undergarments. Optional undergarments are worn in addition to the desert sand (tan) t-shirt/turtleneck. Sleep Shirt. The sleep shirt may be worn under the ABU coat. The sleep shirt will not be worn as an outer garment. The sleep shirt will not be visible under the ABU coat except at the neck. The sleep shirt will be a solid color; colors authorized are green or sand. Thermal Underwear. Desert sand, cream, or white thermal underwear may be worn under the ABU. Thermal underwear will not be worn as an outer garment. Thermal underwear will not be visible under the ABU trouser and coat except at the neck.
- Gloves (black or sage green). Gloves may be worn with all authorized outer garments. They will be all one color, leather, knitted, tricot or suede, or a combination of leather, knitted, tricot, and suede. Black or sage green gloves may be worn with the ABU, FDU and all authorized outer garments to the ABU or FDU. Only black gloves may be worn with the service dress uniform and all approved outer garments worn with the blue service and service dress uniforms.
- Scarf (black). A scarf may be worn with all authorized outer garments except the pullover and cardigan sweaters (when worn solely as an outer garment). The scarf must be tucked in and will only be worn with an outer garment.

The scarf will not exceed 10 inches in width and can be knit, all wool or cotton simplex, with or without a napped surface.

- Earmuffs (black). Earmuffs may be worn with all authorized outer garments and may wrap around either the top or rear of the head. Earmuffs may be made of any material and will only be worn with an outer garment